

# Sponsor-a-Family

## 2019



### Family size: 6+

The minimum requirements for this family size will cost approximately \$800+



**New**

BEFORE SHOPPING...  
Please call family to clarify food preferences below. Make notes to make shopping easier. Have Fun!



### Hamper List

The following items **MUST** be included in the hamper (unless otherwise specified by your matched family).

Call and ask questions regarding your sponsor family's food preferences to make shopping easier! Make notes in the spaces provided below.

Food Items	Suggested Size	Notes on Family's Preferences
Milk	8 L	
Cheese	1 Large Block	
Butter	2 Bricks	
Eggs	3 Dozen	
Pancake Mix	1.8 kg	
Syrup	2 Bottles	
Bread	3 Loaves	
Fresh Fruit	Example: 1 Large Bag of Apples and 3 Bunches of Bananas	
Peanut Butter	1 Large Jar	
Coffee or Tea	2 Packages	
Canned Soup	8 Cans	
Canned Fish	6 Tins	
Canned Beans	6 Cans	
Pasta	900+ Grams	
Pasta Sauce	3 Large Cans	
Rice	3+ kg	
Crackers	2 Boxes	
Cookies	2 Boxes	
Kraft Dinner	6 Boxes	
Cereal	1 Jumbo Box	



## Dinner List

The following items **MUST** be included in the hamper (unless otherwise specified by your matched family). Use the space below to record any food preferences or dietary concerns.

Food Items	Suggested Size	Notes on Family's Preferences
Turkey <b>or</b> Ham <b>or</b> Roast	8 kg	
Mandarin Oranges	2 Boxes	
Frozen Vegetables	2 x 750 grams	
Fresh Vegetables	Example: 1 Large Bag of Carrots, 1 Large Bag of Potatoes, and 4 Heads of Broccoli	
Real Fruit Juice	2 x 2 L	
Stove-Top Stuffing	3 Boxes	
Cranberry Sauce	2 Cans	
Dessert	Example: 2 Pies and 1 Pail of Ice-cream	



## Gifts

A large part of the excitement of Christmas is presents! We ask each sponsor to provide each family members with gifts. Please use the space below to record any gift

### Children

- 1 Major Gift (\$50) for each child
- 2 Small Gifts (\$25) for each child
- 3 Stocking Stuffers (\$5) for each child

### Parents

One Small Gift (\$20-\$30) for each adult

Notes:

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Gift cards may be given for both food and gifts if you like.



Feel free to wrap the gifts! But please give a list of everything provided to the parents.



Please make sure all gifts are new and unopened.